

Family Caregiver Support Program

Are you taking care of a loved one? Is the extra responsibility becoming too much to manage?

The Family Caregiver Support Program is designed to assist caregivers in the challenges they face as they care for a loved one.

Get help through:

- Information and Assistance
- **⊘** Respite Reimbursement Service*
- Education
- Support Group

*if care recipient is enrolled in Care Coordination





Or visit

www.dhad.org/im-a-caregiver

Contact Us: Theresa Niewiadomski

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or Kali Jobes

1-800-421-7277 ext. 4638

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Family Caregiver Support Program

Information and Assistance: One-on-one consultations* are offered to help according to the caregiver's needs, as well as referrals to additional helpful programs and agencies relative to the care recipient's diagnosis (such as the Alzheimer's Association, Arthritis Foundation, etc.), informational material on caregiving topics, suggested websites and reading material, planning templates, support groups, and more.

*Telephone, virtual, in-person available

Respite Reimbursement Service: This is designed to provide financial relief and service support to a caregiver by offering *reimbursement* for private pay aide services, facility respite stays, ADS days, and home modifications to keep the care recipient safe at home or other services determined by Family Caregiver Support. Care recipients must meet the following qualifications for the caregiver to receive reimbursement:

- Care recipients must need supervision or hands on help with at least 2 of the following: bathing, transferring/mobility, eating, dressing, grooming, toileting, and medicine administration.
- Or need substantial supervision due to mental impairment.
- Respite Reimbursement service only applies to care recipients currently enrolled in Direction Home's Care Coordination Program.

Contact our Family Caregiver Support Specialist to determine eligibility/assist with application process.

Education: Our educational speaking events and classes are offered throughout the year or on request. To request a speaker for your group, call 330-776-4013, or email communications@dhad.org.

Support Group: An ongoing support group occurs every Monday from 1-2pm by phone and/or Zoom. It is open to all caregivers of family or loved ones, and members do not need to be connected to DHAD programs. We discuss concerns and solutions that all caregivers experience. Please join us! RSVP to Theresa Niewiadomski at tniewiadomski@dhad.org.

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