



# SELF-DIRECTED CARE

MANAGE YOUR INDEPENDENCE

## What is Self-Direction?

Self-Direction or self-directed services means that members (or their representatives if applicable) have **decision-making authority over certain services** and **take direct responsibility to manage their services** with the assistance of a system of available supports. At Direction Home Akron Canton, members can choose to Self-Direct their personal care service needs.

## Through Self-Directed Care, you will:

- Decide what services are needed based on assessment\*\*
- Find\*\*, hire, manage, and train providers
- Understand that a prospective provider must become certified and contracted a Choices Home Care Attendant (CHCAS) through ODA and Direction Home
- Determine your schedule based on assessed need
- Address service issues directly with employee
- Approve time sheets
- Maintain and enforce a strong back-up plan

## You are not alone.

\*\*Your Care Manager/Waiver Service Coordinator is here to help determine which services are needed and assist with locating potential providers. The Care Manager also monitors quality of service and satisfaction.

*Member may have a Self-Directed Representative to act on their behalf.*

## Get started today.

The Self-Directed service option is available within Care Coordination, PASSPORT and MyCare Ohio. Current Direction Home members should contact their Care Manager.

☎ 330-595-1666

✉ [selfdirectioninfo@dhad.org](mailto:selfdirectioninfo@dhad.org)

🌐 [dhad.org](http://dhad.org)



## Is Self-Direction right for me?

-  I want to have control over decisions regarding my care
-  I understand service specifications
-  I can manage decisions & verbalize expectations
-  I can set up a back-up plan
-  I have a safe & stable living environment
-  I will work with a Fiscal Management Service
-  I can be the "Employer"
-  I have strong problem-solving skills\*

*\* including ability to interview, hire, train, supervise, and terminate employees*

